

Instructions for Use
Enbrel® (en-brel)
(etanercept)
for injection, for subcutaneous use
Multiple-dose Vial

How do I prepare and give an injection with Enbrel multiple-dose vial?

A multiple-dose vial contains 25 mg of Enbrel.

Storage of Enbrel multiple-dose vial

- Store Enbrel multiple-dose vial in the refrigerator at 36°F to 46°F (2°C to 8°C).
- Store Enbrel multiple-dose vial in the original carton to protect from light or physical damage.
- If needed, you may store your Enbrel multiple-dose vial and diluent syringe (dose tray) at room temperature between 68°F to 77°F (20°C to 25°C) for up to 14 days.
 - Once Enbrel multiple-dose vial has reached room temperature, do not put it back in the refrigerator.
- Throw away Enbrel multiple-dose vial that has been stored at room temperature after 14 days.
- Mixed (reconstituted) Enbrel multiple-dose vial should be used right away or kept in the refrigerator at 36°F to 46°F (2°C to 8°C) for up to 14 days.
- **Do not** store Enbrel multiple-dose vial in extreme heat or cold. For example, avoid storing Enbrel multiple-dose vial in your vehicle's glove box or trunk.
- **Do not freeze.**
- **Do not shake.**
- **Keep Enbrel multiple-dose vial and all medicines out of the reach of children.**

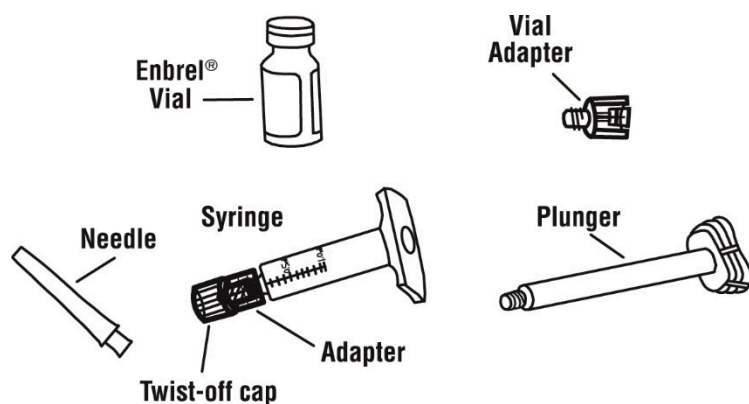
If you have any questions about storage, contact your healthcare provider or call 1-888-4ENBREL (1-888-436-2735) for further instructions.

Step 1: Setting Up for an Injection

1. Select a clean, well-lit, flat work surface, such as a table.
2. Take the Enbrel dose tray out of the refrigerator and place it on your flat work surface.

3. Check the expiration date on the dose tray. If the expiration date has passed, **do not** use the dose tray. Also check to make sure the dose tray has 5 items as pictured below:

- One prefilled diluent syringe containing 1 mL of diluent (liquid) with attached adapter and twist-off cap
- One plunger
- One Enbrel vial
- One 27-gauge ½ inch needle in hard plastic cover
- One vial adapter



If the expiration date has passed, the five items are not included in the dose tray or if any item looks damaged, contact your pharmacist or call 1-888-4ENBREL (1-888-436-2735) for assistance.

4. For a more comfortable injection, leave the dose tray at room temperature for about 15 to 30 minutes before injecting.
5. Wash your hands with soap and warm water.
6. Peel the paper seal off the dose tray and remove all items.
7. Inspect the volume of diluent in the syringe with the twist-off cap pointing down. Use the unit markings on the side of the syringe to make sure there is at least 1 mL of liquid in the syringe. If the level of liquid is below the 1 mL mark, **do not** use. Contact your pharmacist or call 1-888-4ENBREL (1-888-436-2735) for assistance.
8. **Do not** use the syringe if the twist-off cap is missing or not securely attached. Call 1-888-4ENBREL (1-888-436-2735).
9. Two alcohol swabs should be available for the preparation and injection of Enbrel. Alcohol swabs can be found at your local drug store.

Step 2: Preparing the Enbrel Solution

There are two methods for preparing the Enbrel solution. For some children, one vial of Enbrel solution can be used for more than one dose. The free-hand method should be used for children on Enbrel who are using one vial of Enbrel solution for more than one dose. **You should not use the vial adapter method if you will be using the vial more than once.** Ask your healthcare provider if you have questions about which method to use.

- **The Vial Adapter Method**

Adults and larger children on Enbrel may use the vial adapter device to assist with mixing the powder with the liquid and withdrawing Enbrel, and then use a 27-gauge needle to inject the dose. **This method should not be used for children using multiple doses from the same vial of Enbrel.** The instructions for using the vial adapter method are in Step 2A.

- **The Free-Hand Method**

In the free-hand method, a 25-gauge needle is used to assist with mixing the powder with the liquid and withdrawing Enbrel, and a 27-gauge needle is used to inject the dose. Obtain 25-gauge needles from your healthcare provider. Instructions for using the free-hand method are in Step 2B.

The instructions for preparing additional doses from the same vial of Enbrel solution are in Step 3. For each additional dose, you will need two new needles (one 25-gauge needle to withdraw the solution and one 27-gauge needle for injection) and one new empty syringe (1 mL). **Never reuse a syringe or needle.**

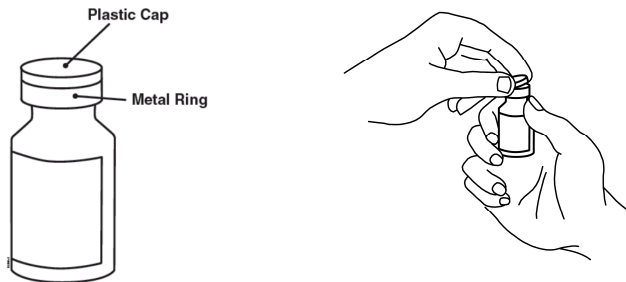
If you are using the vial of Enbrel for more than one dose, you should write the date you mixed the powder and liquid in the area marked "Mixing Date:" on the sticker supplied with these instructions, and attach the sticker to the Enbrel vial.

After you have withdrawn the dose of Enbrel that you need, store the Enbrel vial (in the dose tray) in the refrigerator at 36° to 46°F (2° to 8°C) as soon as possible, but always within 4 hours of mixing the solution. **Do not freeze.** If you have any questions about storage, contact your healthcare provider or call 1-888-4ENBREL (1-888-436-2735) for further instructions.

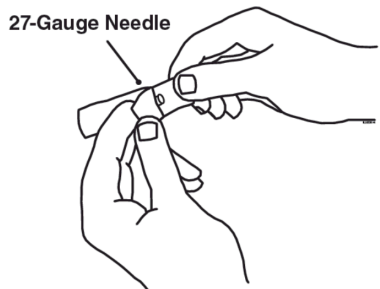
The Enbrel solution must be used within 14 days of the mixing date. You should discard the Enbrel vial and any remaining solution if it is not used within 14 days. **Do not** mix any remaining liquid in one vial of Enbrel solution with another.

STEP 2A: Vial Adapter Method

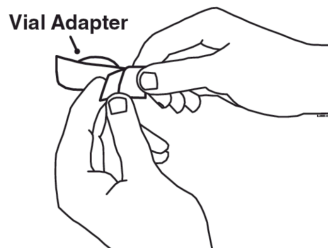
1. Remove the pink plastic cap from the Enbrel vial. **Do not** remove the gray stopper or silver metal ring around the top of the Enbrel vial.



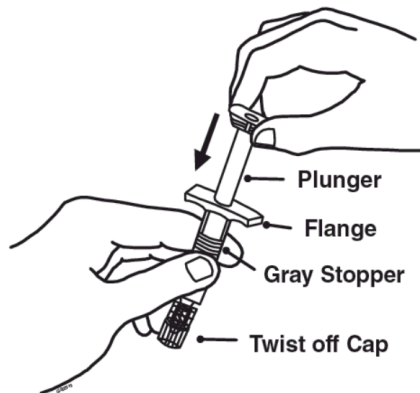
2. Place the Enbrel vial on your flat work surface or turn your dose tray upside down and place your Enbrel vial in the round space marked "V". Use one alcohol swab to clean the gray stopper on the Enbrel vial. **Do not** touch the gray stopper with your hands.
3. Open the wrapper that contains the 27-gauge needle by peeling apart the tabs and set the needle aside for later use.



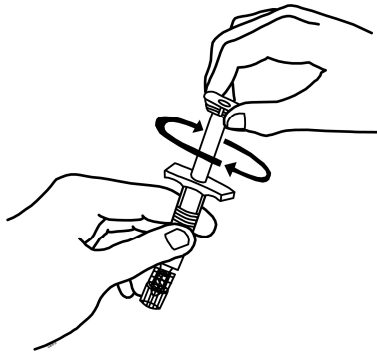
4. Open the wrapper that contains the vial adapter by peeling apart the tabs and set the vial adapter aside for later use. **Do not** touch the vial adapter's twist-on end or the spike inside.



5. Slide the plunger into the flange end of the syringe.



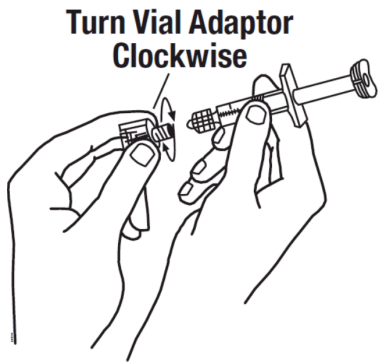
6. Attach the plunger to the gray rubber stopper in the syringe by turning the plunger clockwise until you feel a slight resistance.



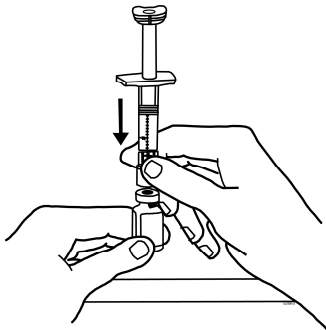
7. Remove the twist-off cap from the prefilled diluent syringe by turning counter-clockwise. **Do not** bump or touch the plunger. Doing so could cause the liquid to leak out. You may see a drop of liquid when removing the cap. This is normal. Place the cap on your flat work surface. **Do not** touch the syringe tip.



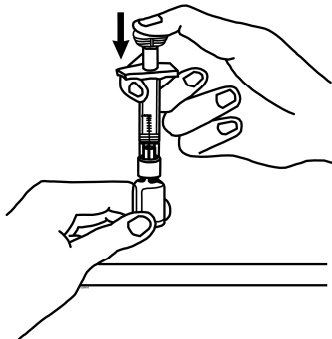
8. Once the twist-off cap is removed, pick up the vial adapter with your free-hand. Twist the vial adapter onto the syringe, turning clockwise until you feel a slight resistance. **Do not over-tighten.**



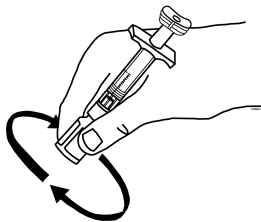
9. Hold the Enbrel vial upright on your flat work surface. Grasp the sides of the vial adapter and place it over the top of the Enbrel vial. **Do not** bump or touch the plunger. Doing so could cause the liquid to leak out. Insert the vial adapter into the gray stopper on the Enbrel vial. The plastic spike inside the vial adapter should puncture the gray stopper. The vial adapter should fit snugly.



10. Hold the Enbrel vial upright on your flat work surface and push the plunger down until all the liquid from the syringe is in the Enbrel vial. You may see foaming (bubbles) in the vial. This is normal.

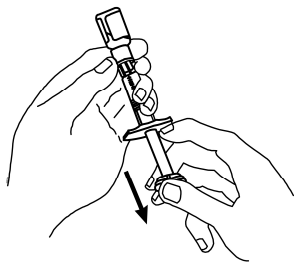


11. Gently swirl the Enbrel vial in a circular motion to dissolve the powder. If you used the dose tray to hold your Enbrel vial, take the vial (with the vial adapter and syringe still attached) out of the dose tray, and gently swirl the vial in a circular motion to dissolve the powder.

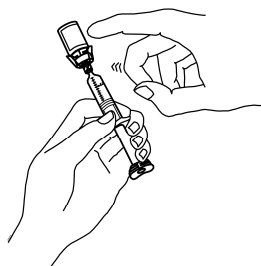


Do not shake. Wait until all the powder dissolves (usually less than 10 minutes). The solution should be clear and colorless. After the powder has completely dissolved, foam (bubbles) may still be present. This is normal. **Do not inject the solution if it is discolored, contains lumps, flakes, or particles.** If all the powder in the Enbrel vial is not dissolved or there are particles present after 10 minutes, call 1-888-4ENBREL (1-888-436-2735).

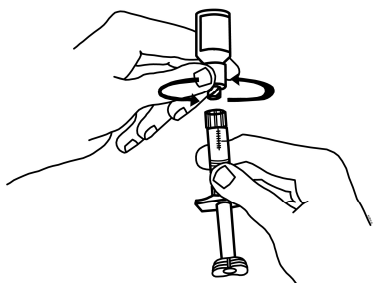
12. Turn the Enbrel vial upside down. Hold the syringe at eye level and slowly pull the plunger down to the unit markings on the side of the syringe that correspond with your/your child's dose. For adult patients, remove the entire volume (1 mL), unless otherwise instructed by your healthcare provider. Be careful not to pull the plunger completely out of the syringe. Some white foam may remain in the Enbrel vial. This is normal.



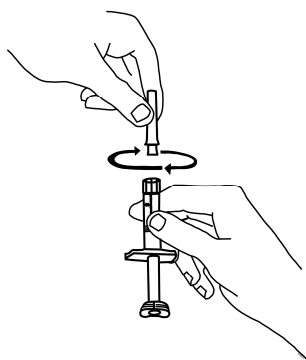
13. Check for air bubbles in the syringe. Gently tap the syringe to make any air bubbles rise to the top of the syringe. Slowly push the plunger up to remove the air bubbles. If you push solution back into the vial, slowly pull back on the plunger to again draw the correct amount of solution back into the syringe.



14. Remove the syringe from the vial adapter, by holding the vial adapter with one hand and turning the syringe counter-clockwise with your other hand. **Do not** touch or bump the plunger. Place the Enbrel vial with the vial adapter on your flat work surface.



15. Continue to hold the barrel of the syringe. With your free-hand, twist the 27-gauge needle onto the tip of the syringe until it fits snugly. **Do not** remove the needle cover from the syringe. Place the syringe on your flat work surface until you are ready to inject Enbrel.

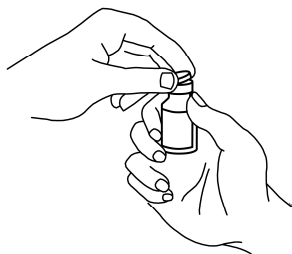
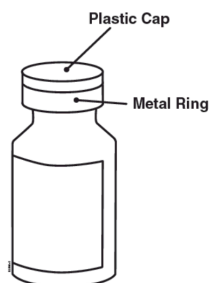


Go to Step 4: Choosing and Preparing an Injection Site.

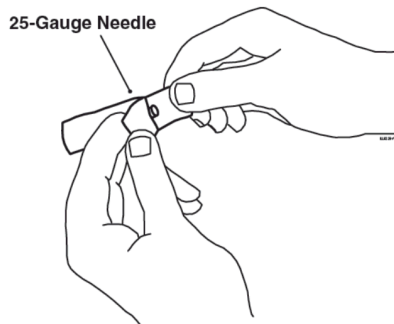
Step 2B: Free-Hand Method

If you are preparing a dose from an Enbrel vial that was previously used, go to Step 3: Preparing Additional Doses from a Single Enbrel Vial.

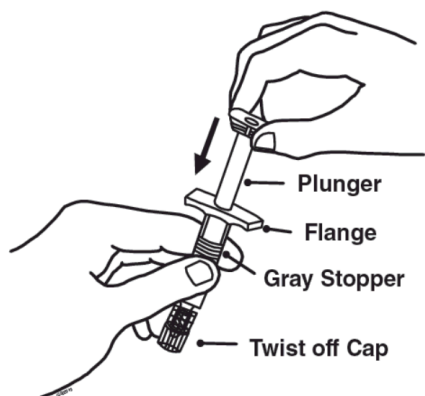
1. Remove the pink plastic cap from the Enbrel vial. **Do not** remove the gray stopper or silver metal ring around the top of the Enbrel vial. Write the date you mix the powder and solution on the supplied "Mixing Date:" sticker and attach it to the Enbrel vial.



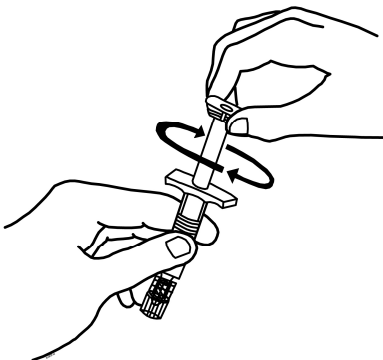
2. Place the Enbrel vial on your flat work surface. Use one alcohol swab to clean the gray stopper on the Enbrel vial. **Do not** touch the gray stopper with your hands.
3. Open the wrapper that contains the 25-gauge needle by peeling apart the tabs and set the needle aside for later use. The 25-gauge needle will be used to mix the liquid with the powder and for withdrawing Enbrel from the vial.



4. Slide the plunger into the flange end of the syringe.



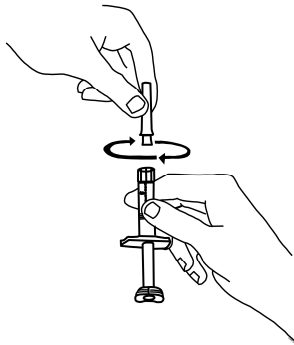
5. Attach the plunger to the gray rubber stopper in the syringe by turning the plunger clockwise until you feel a slight resistance.



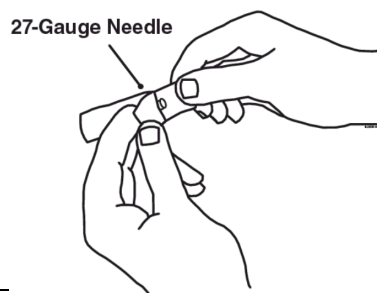
6. Remove the twist-off cap from the prefilled diluent syringe by turning counter-clockwise. **Do not** touch or bump the plunger. Doing so could cause the liquid to leak out. You may see a drop of liquid when removing the cap. This is normal. Place the cap on your flat work surface. **Do not** touch the syringe tip.



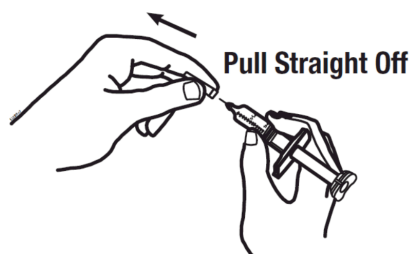
7. Continue to hold the barrel of the syringe. With your free-hand, twist the 25-gauge needle onto the tip of the syringe until it fits snugly. Place the syringe on your flat work surface.



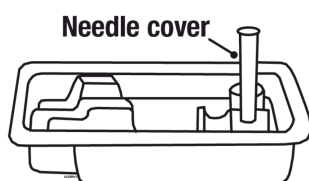
8. Open the wrapper that contains the 27-gauge needle by peeling apart the tabs and set the needle aside for later use. The 27-gauge needle will be used to inject the dose.



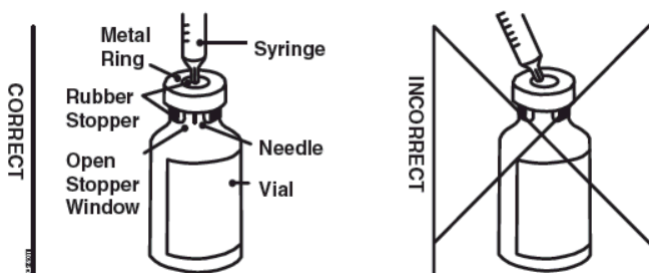
9. Pick up the syringe from your flat work surface. Hold the barrel of the syringe with one hand, and pull the needle cover straight off. To avoid damaging the needle, **do not** twist or bend the needle cover while you are removing it. **Do not** touch the needle or allow it to touch any surface. **Do not** touch or bump the plunger. Doing so could cause the liquid to leak out.



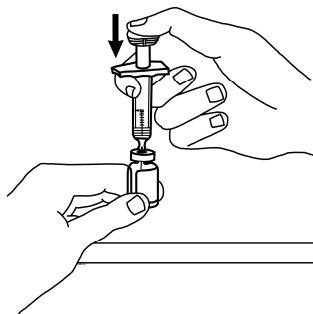
10. Place the needle cover (open side up) in the round space marked “N” in the Enbrel dose tray.



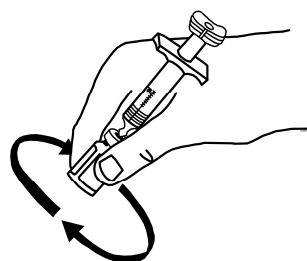
11. Place the Enbrel vial on your flat work surface. Hold the syringe with the needle facing up, and gently pull back on the plunger to pull a small amount of air into the syringe. Then, insert the needle straight down through the center ring of the gray stopper (see illustrations). You should feel a slight resistance and then a “pop” as the needle goes through the center of the stopper. Look for the needle tip inside the open stopper window. If the needle is not correctly lined up with the center of the stopper, you will feel constant resistance as it goes through the stopper and no “pop”. The needle may enter at an angle and bend, break or prevent you from adding diluent into the Enbrel vial.



12. Push the plunger down very slowly until all liquid from the syringe is in the Enbrel vial. Adding the liquid too fast will cause foaming (bubbles).

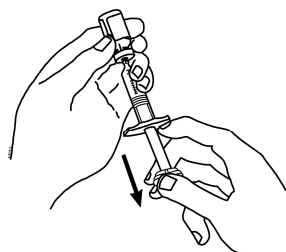


13. Leave the syringe in place. Gently swirl the Enbrel vial in a circular motion to dissolve the powder.

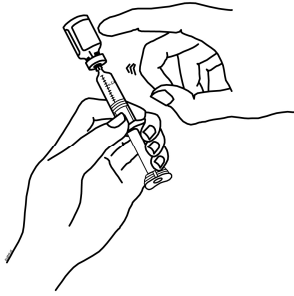


Do not shake. Wait until all the powder dissolves (usually less than 10 minutes). The solution should be clear and colorless. After the powder has completely dissolved, foam (bubbles) may still be present. This is normal. **Do not inject the solution if it is discolored, contains lumps, flakes, or particles.** If all the powder in the Enbrel vial is not dissolved or there are particles present after 10 minutes, call 1-888-4ENBREL (1-888-436-2735).

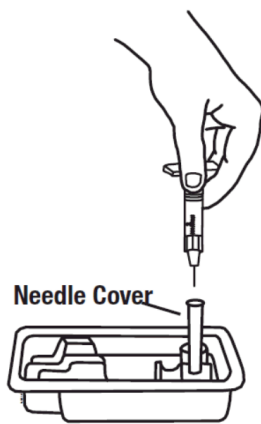
14. With the needle in the Enbrel vial, turn the vial upside down. Hold the syringe at eye level and slowly pull the plunger down to the unit markings on the side of the syringe that correspond with the correct dose. Make sure to keep the tip of the needle in the solution. Some white foam may remain in the Enbrel vial. This is normal.



15. With the needle still inserted in the Enbrel vial, check for air bubbles in the syringe. Gently tap the syringe to make any air bubbles rise to the top of the syringe. Slowly push the plunger up to remove the air bubbles. If you push solution back into the vial, slowly pull back on the plunger to draw the correct amount of solution back into the syringe.

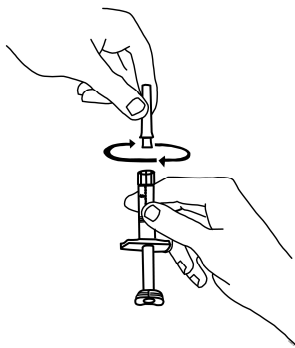


16. Remove the syringe and needle from the Enbrel vial. Keep the needle attached to the syringe and insert the 25-gauge needle straight down into the needle cover in the Enbrel dose tray.



You should hear a “snap” when the needle is secure in the needle cover. Once the needle is secure in the needle cover, untwist the 25-gauge needle from the syringe and dispose of the needle in your sharps disposal container (see “**Step 6: Disposing of Supplies**”).

17. Twist the 27-gauge needle onto the syringe until it fits snugly. **Do not** remove the needle cover from the syringe. Place the syringe on your flat work surface until you are ready to inject Enbrel.



18. If there is enough solution left in the Enbrel vial for another dose, write the date you mixed the powder and liquid in the area marked "Mixing Date:" on the sticker supplied with these instructions, and attach the sticker to the Enbrel vial. Refrigerate the reconstituted (mixed) Enbrel vial (in the dose tray) after mixing. Prepare additional doses from the Enbrel vial as described in Step 3. Otherwise, throw away (discard) the Enbrel vial and any remaining solution.

Go to Step 4: Choosing and Preparing an Injection Site.

Step 3: Preparing Additional Doses from a Single Enbrel Vial

1. Select a clean, well-lit, flat work surface, such as a table.
2. **Do not** reuse the needles and syringes supplied with Enbrel dose tray. You will need new needles and syringes for each additional dose. Your healthcare provider will tell you what type of syringes (1 mL) and needles (25-gauge and 27-gauge) to use. Place the sterile syringe with a 25-gauge needle (for withdrawing Enbrel), a 27-gauge needle (for injecting Enbrel) and two alcohol swabs on your flat work surface.
3. Take the vial of Enbrel solution that is stored in the dose tray out of the refrigerator and place it on your flat work surface.
4. Check the mixing date you wrote on the sticker on the Enbrel vial. **Discard the Enbrel vial if more than 14 days have passed since the Enbrel solution was mixed.**
5. Wash your hands with soap and warm water.
6. Use one alcohol swab to clean the gray stopper on the Enbrel vial. **Do not** touch the stopper with your hands.
7. If the syringe and the 25-gauge needle are not pre-assembled, assemble them as instructed by your healthcare provider.
8. Open the wrapper that contains the 27-gauge needle by peeling apart the tabs and set the needle aside for later use. The 27-gauge needle will be used to inject the dose of Enbrel.
9. Hold the syringe and pull the needle cover straight off. To avoid damaging the needle, **do not** twist or bend the needle cover while you are removing it. **Do not** touch the needle or allow it to touch any surface. Place the needle cover (open side up) in the round space marked "N" in the Enbrel dose tray.
10. Place the Enbrel vial on your flat work surface. Hold the syringe with the needle facing up, and gently pull back the plunger to pull a small amount of air into the syringe. Then, insert the 25-gauge needle straight down through the center ring of the gray stopper. You should feel a slight resistance and then a "pop" as the needle goes through the center of the stopper. Look for the needle tip inside the open stopper window. If the needle is not

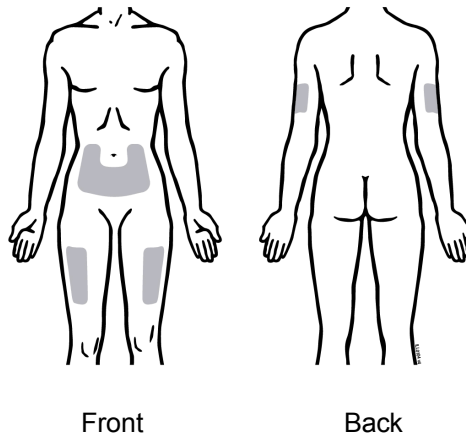
correctly lined up with the center of the stopper, you will feel constant resistance as it goes through the stopper and no “pop”. The needle may enter at an angle and bend, break, or prevent proper withdrawal of Enbrel solution from the vial.

11. Keep the needle in the Enbrel vial and turn the vial upside down. Hold the syringe at eye level, and slowly pull the plunger down to the unit markings on the syringe that correspond to your child’s dose. As the amount of solution in the Enbrel vial drops, you may need to pull the needle back just enough to keep the tip of the needle in the solution.
12. With the needle still inserted in the Enbrel vial, check for air bubbles in the syringe. Gently tap the syringe to make any air bubbles rise to the top of the syringe. Slowly push the plunger up to remove the air bubbles. If you push solution back into the Enbrel vial, slowly pull back on the plunger to again draw the correct amount of solution back into the syringe.
13. Remove the syringe and needle from the Enbrel vial. Keep the needle attached to the syringe and insert the 25-gauge needle straight down into the needle cover in the Enbrel dose tray. You should hear a “snap” when the needle is secure in the needle cover. Once the needle is secure in the needle cover, remove the 25-gauge needle from the syringe and dispose of the needle in a sharps disposal container (see “**Step 6: Disposing of Supplies**”).
14. Attach the 27-gauge needle onto the tip of the syringe until it fits snugly. **Do not** remove the needle cover from the syringe. Place the syringe on your flat work surface until you are ready to inject Enbrel.

Step 4: Choosing and Preparing an Injection Site

1. The 3 recommended injection sites for Enbrel include:
 - the front of the middle thighs
 - the stomach area (abdomen), except for the **2**-inch area right around the navel (belly button)

- the outer area of the upper arms (only if someone else is giving you the injection)

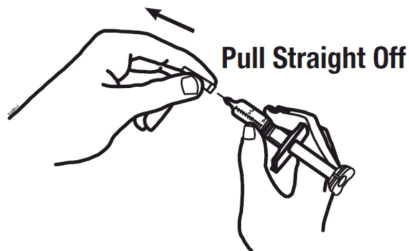


2. Rotate the site for each injection. **Do not** inject into areas where the skin is tender, bruised, red, or hard. Avoid areas with scars or stretch marks.
3. If you have psoriasis, you should not inject directly into any raised, thick, red, or scaly skin patches or lesions.
4. To prepare the area of skin where Enbrel is to be injected, wipe the injection site with a new alcohol swab. **Do not touch this area again before giving the injection.**

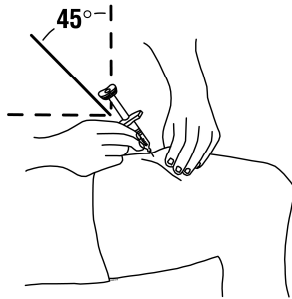
Step 5: Injecting the Enbrel Solution

Do not remove the needle cover from the syringe until you are ready to inject.

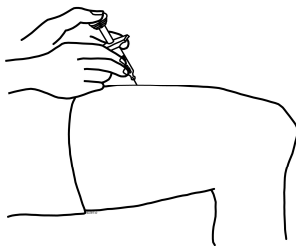
1. Pick up the syringe from your flat work surface. Hold the barrel of the syringe with one hand and pull the needle cover straight off. To avoid damaging the needle, **do not** twist or bend the needle cover while you are removing it, and **do not** try to put the needle cover back onto the syringe. When you remove the needle cover, there may be a drop of liquid at the end of the needle. This is normal. **Do not** touch the needle or allow it to touch any surface. **Do not** touch or bump the plunger. Doing so could cause the liquid to leak out.



2. With one hand, gently pinch the cleaned area of skin and hold it firmly. With the other hand, hold the syringe (like a pencil) at a 45-degree angle to the skin.



3. With a quick and "dart-like" motion, insert the needle at a 45-degree angle into the skin.
4. When the needle is completely inserted into the skin, let go of the skin that you are holding. With your free-hand, hold the syringe near its base to stabilize it. Then push the plunger to inject all of the Enbrel solution at a slow, steady rate.



5. When the syringe is empty, pull the needle out of the skin, being careful to keep it at the same angle as inserted.
6. There may be a little bleeding at the injection site. You can press a cotton ball or gauze over the injection site for 10 seconds. **Do not** rub the injection site. If needed, you may cover the injection site with a bandage.
7. If your healthcare provider has instructed you to take two Enbrel injections on the same day, repeat the steps to prepare and give an injection of Enbrel. Choose and prepare a new injection site for the second injection.
8. **For the Free-Hand Method:** If there is enough solution left in the Enbrel vial for another dose, refrigerate the reconstituted (mixed) Enbrel vial (in the dose tray) after use. Otherwise, discard the Enbrel vial and any remaining solution.

Step 6: Disposing of Supplies

The syringe, needles, and vial adapter should **never** be reused. **Never** recap a needle.

- Put the used syringes, needles, and vials in a FDA-cleared sharps disposal container right away after use. **Do not** throw away (dispose of) the needles, syringes, and vials in your household trash.
- If you do not have a FDA-cleared sharps disposal container, you may use a household container that is:
 - made of a heavy-duty plastic,
 - can be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out,
 - upright and stable during use,
 - leak-resistant, and
 - properly labeled to warn of hazardous waste inside the container.
- When your sharps disposal container is almost full, you will need to follow your community guidelines for the right way to dispose of your sharps disposal container. There may be state or local laws about how you should throw away used syringes and needles. For more information about safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA's website at: <http://www.fda.gov/safesharpsdisposal>
- **Do not** reuse the syringe or vial.
- **Do not** recycle the syringe, vial, or sharps disposal container or throw them into household trash.

Important: Always keep the sharps disposal container out of the reach of children.

A healthcare provider familiar with Enbrel should answer all questions. Call 1-888-4ENBREL (1-888-436-2735) or visit www.enbrel.com for more information about Enbrel.

This Instructions for Use have been approved by the U.S. Food and Drug Administration.

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